

The Passionate Career Mom's

15 STEP GUIDE

To Returning To Work With Confidence



1 *Develop Your "I Am" Big Picture Snapshot.* (What is your mission, your passion, your profession & your vocation?)

2 *Verbalise Your Lifestyle Of Choice.* (What do you want your ideal day to look like?)

3 *Develop Your Point B Life Alignment* (What needs to change in order for you to step up to the next level?)

4 *Immerse Yourself In What is Going On With Your Industry* (A LOT has happened whilst you've been bonding with baby!)

5 *Write Your Daily Plan* (Get back into the swing of things & get mentally/physically prepared!)

6 *Communicate Your Checklist Routine With Your Spouse* (Ensure smooth transition of kids, childcare support & logistics.)

7 *Get a Firm Handle Of Your Rights At The Work Place.* (Check your company policies and employee handbook.)

8 *Write Your Own Return To Work Script* (Make sure 100% your career growth is a priority AND taken seriously.)

9 *Back To Work!* (Get clarity on your career next steps with your company, manager, peers & career sponsors.)

10 *Negotiate Your Projects & Work Place Flexibility* (Go for It! Put it all on the table.)

11 *Make A Decision* (Based on your negotiations - is your manager supportive? Is your company a fit OR is it time for a career shift?)

12 *Build Your Career Action Plan* (Is it aligned with your lifestyle of choice? Have you analyzed your salary growth potential?)

13 *Build & Nurture Your Network Of Career Cheerleaders* (Sponsors, mentors, coaches, professional network etc.)

14 *Set Yourself Up As An Authority* (Step into the nitty gritty of re-branding yourself on all digital platforms.)

15 *Distill Down Your Action Plan* (Develop a visual medium that will keep you on track.)